Dear I-ACT Member,

Last week, we sent out the first letter on issues with CoronaVirus.

Since that time, many have asked what to do with their office.

Here is a short statement from your Board that may help you decide how you wish to proceed.

As we have listened to the news and followed what's happening in the world due to COVID-19, there are many varied stories and scenarios that continue to unfold. This is the most rapidly changing event of our times, and it leaves people with much uncertainty. While I-ACT has nothing in our bylaws, policies and procedures, or standards for professional ethics to address these rapidly evolving times, we want each and every I-ACT member to know that we are here to help guide you to make the decisions that are right for your situation.

The I-ACT Board of Directors encourages each and every
The I-ACT Board of Directors encourages each and every member to follow your state, county and city guidelines as they relate to COVID-19 emergency procedures. If you are not sure what these are, call your state, county or local officials and ask questions.

If your colon hydrotherapy business remains open, we suggest the following guidelines:

1. **Maintain high standards of health and sanitation** as mandated for I-ACT members. We encourage you to disinfect before and after each session with extra care. Be sure to wipe down all surfaces, including counter tops, door handles, faucets, sinks, toilets, credit card machines, water stations, retail shelves, doors, etc.

2. **Tell your clients what measures you are taking to be proactive.** Put a sign at your front desk, send a message to your clients, use a phone script, whatever way you can to let people know what you are doing.

3. **Encourage people to follow CDC guidelines.** These can be found on the Center for Disease Control web site. Be sure to remind clients to be safe and smart - in other words, use common sense - and remain home if they are not feeling well or may have come in contact with the virus.

4. **Remind people to not panic.** It is a proven fact that higher levels of stress invite disease, so tell people to remain calm and carry on. Be cautious, be aware, and be safe; these are the best ways to stay well.

Additionally, if your colon hydrotherapy business remains open, we encourage you to always follow the I-ACT policies.

- We suggest you use a forehead thermometer to check your client’s temperature when they arrive at your clinic. Any client with a temperature above 100.4 should be referred to a health care facility.
- The use of a mask is at the discretion of the Therapist,
when in doubt, protect yourself.
- Remain with your client during each session.
- Use only disposable speculum kits and rectal nozzles.
- Wear gloves during each session.
- Disinfect your device(s) and sanitize your facility following manufacturer guidelines.

We are all in the same boat, but we have a community to help us get through. There is no one way to handle the current situation other than to remind each and every I-ACT member to stay positive, safe, aware, and as proactive as possible. We will continue to hold each of you in prayer, and we will update you as necessary. We want you to know that you are supported when you follow guidelines set forth by the Association. The I-ACT office and members of the board are here to answer any questions you may have.

We hope this is of value and pray that this situation will have a quick resolution.

Lastly, we are continuing to monitor the situation as it may impact our convention. At this time we are hopeful that the virus will run its course and we will be able to host the convention. If this situations continues and we must cancel the convention, we will let you know as soon as we know.

Thanks for your patience.

As before, be at Peace, and try to operate from a perspective of Love and Sharing... remember you are loved and you are valuable.